



## PATIENT RESOURCES

### HOW TO CARE FOR YOUR SKIN BIOPSY AT HOME

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#### **BEGINNING TOMORROW:**

Remove the Band-Aid or dressing that was applied in our office.

Wash the biopsy site using hand soap and water then cover with a thin layer of plain Vaseline.

You can cover the biopsy site with a Band-Aid at this point but this is optional.

Repeat the soap and water washing and Vaseline applications daily for the first week.

You can shower daily without concern about the biopsy site. However, it is best to avoid prolonged tub bathing, hot tub use, and swimming during the first week.

If you experience significant redness, pain, swelling, severe itching or drainage of pus at the biopsy site, call our office at **(915) 351-7546**.

For pain relief, you can take Tylenol by mouth and or apply ice packs directly to the biopsy site.

The biopsy done today will need the stitches removed in \_\_\_ days. This can be done in our office or by any other physician or nurse.